

# Family Connection

## Being Grateful for Change

It has been wonderful to see the many exquisite colors in this changing season of Autumn. The beauty of this time of year is evident in the shared pictures and the ritual of so many people making their way up the mountains to behold this annual event. The season of autumn is the perfect example of the beauty and nostalgia of change.

Signs of this season of change are the scent and flavors of apple, pumpkin spice everything, and rustling, blowing leaves. The frost lightly blankets the cool and crisp mornings. There is even the change in the amount of light, as the mornings are darker and the evenings come with an early loss of light, forcing changes in our daily routines. The tree makes its change with the loss of its now colorful accessories blowing in the fall wind. There are some who love this season, while others dread the changes, longing for warmer times.

It is a story that is cre-

ated in some, while others embrace each season and each change. What do you resist when this time comes each year? You are in control of the seasons or changes of your life and the way that you choose to see these events! While there may be fear around the unknown and the changes that need to happen, the only way to experience something better is through change!

Making a choice to embrace life, can be a simple act. For a child, this is the time spent with you, jumping in piles or skipping through rustling leaves. Having game nights with hot cocoa, and the act of being present, is in fact a wonderful gift to your precious young one and even your own inner child.

Change your Thoughts and shift your World, this is simply looking for the things in life that you love and aligning



your thoughts with the desire. Focus on the things that you want instead of those you don't. This focus supports how life shows up for you, and it supports your response to a life of inevitable change.

Being grateful, for all that you have, helps create the amazing changes you want. Being in a space of Thanksgiving gives you more things and opportunities for which to be grateful. Love and Gratitude to you in this season of Change.

Dawn Gruenzner, RScP  
Youth & Family Ministry Director



## JOIN OUR MINISTRY!

The Youth and Family Ministry is looking for team members dedicated to sharing their time, talents and treasures with the youth of our spiritual community!

Youth opportunities with:

- Nursery
- PK-2nd
- 3rd & 4th grade
- Middle School

Please contact Dawn to get started with YFM today!

719-209-4718 or  
[youthdir@cslcs.org](mailto:youthdir@cslcs.org)

All team members will receive a copy of the talk on the week that they are in service with the ministry! Curriculum and supplies are always provided, personal creativity and ideas are supported!

## Ministry Spotlight: Ms. Cay~ Middle



Cay began her work with the YFM in 2006! She has been the Director of the YFM and now leads the programming for the Middle School Group. She also volunteers for the PILLAR Institute for Lifelong learning.

In her spare time she enjoys playing Mah

Jongg and is co-president of Gamma chapter of Alpha Delta Kappa (Honorary for women educators/focus on altruism and youth organizations.) Cay also participates in two book clubs, writers group and is presently writing her memoir.

The thing she enjoys

most is working with the YFM and seeing the children's openness to learning new ideas. She teaches the Golden Thread of Truth that is common place in each of the world's religions. Her service efforts to this ministry is truly appreciated and are simply true acts of love and devotion.



## What We Teach our Children



- We teach our children that God is Life - the Life within each of them and in all Creation - that all people are children of the One God, regardless of race, color, or creed and therefore all are brothers and sisters.
- We teach that God is good, all good, and we are all created in the image of God and therefore all good.
- We teach that God is Love, that we love God because God loves us. We obey God's laws through Love not fear.
- We teach that sin is a mistake, and when we make mistakes we experience the consequences of them not punishment by God.
- We teach that God is Spirit and is present everywhere; that this Spirit is within us and speaks to us through our minds and hearts as we listen.
- We teach that there are Spiritual Laws that must be obeyed just as we obey man-made laws.
- We teach that religion is a way of life to be lived everyday.
- We teach that Religious Science is a philosophy that can be lived at home, at school, and at play. That since God is within us - heaven is also within us - that as we live our lives in harmony with God's Laws we live in heaven NOW.
- We teach that in God's Love we are already whole and perfect.
- We teach that God is: Truth, Beauty, Peace, and Harmony, that as we recognize our Unity with God our lives are filled with Health, Happiness and Success.
- We teach that nothing is too wonderful to happen, nothing is too good to be true, and everything is possible with God.

**Curriculum Corner:**

~PRE K- 2ND Grade: Young Masters Little Wisdom curriculum a literacy based program that teaches life skills through principles.

~3rd & 4th Grade: The Golden Thread of Truth is a program that looks at the major world religions.

~Middle School: Science of Mind beginning principals a created curriculum.

~High School: Beyond Limits for Teens

WE WILL BE HAVING A MINI-CARNIVAL ON OCTOBER 30TH! COSTUMES ARE WELCOME, IF YOU CHOOSE TO, BE MINDFUL OF ACCESSORIES, MASKS AND ANY POTENTIAL HAZARDS TO ENSURE THE ENJOYMENT AND SAFETY OF ALL CHILDREN!!



*We must become as little children. How we long for a return of that simple trust in life which children have: in their minds there are no doubts ... The life of the child is natural goodness.*

-Ernest Holmes



### Teen Overnight at Mile Hi

November 19th and 20th will be the Teen Overnight at Mile Hi Church. Your teen will love this time committed to their purpose of being a teen in an all-inclusive, supportive and loving environment! What better way to build connections as we prepare for Winter Camp, which is right around the corner! The cost is \$35 which includes dinner and breakfast. This is a completely supervised and supportive opportunity! If your child is 13-18 yrs. they will not want to miss this! Get your application at the check-in desk or with Mr. Barry! Deadline is November 6th.



### Save The Date:

- October 14: Friday Teen Group 7-9pm
- October 15: Burrito Prep Saturday 1-3pm
- October 16: Burrito Sales
- October 27: Chairs moved at 3:30pm
- October 28: NO FRIDAY NIGHT TEENS
- October 30: YFM Halloween Carnival
- November 6: Camp Registration & Payment Is Due
- August 26th: NO Evening TEEN GROUP
- November 11: TEEN Group 7-9pm
- November 19 & 20th: Teen Overnight at Mile Hi
- November 19: Burrito Prep 1-3pm
- November 20: Burrito Sales
- November 24: Happy Thanksgiving
- November 25: No Teen Group—Shopping and/or Family Fun (ENJOY)

**FAMILY NEWS:** Live Streaming of service is available in The Celebration Hall, in the event that our capacity is full or if you would like to be with your child for any reason during Sunday service!



We will be having a Fall/Halloween Carnival on the 5th Sunday, 10/30! YOU CAN HELP by donating small toys candy your time and/or cupcakes, for a cake walk.

**TEEN Group**

We are in the process of rebranding a teen group formerly known as N.E.A.T Family & Friends! This is an exciting time and the teen group will be a major part of this rebranding! I have set a contest in motion for ideas for a name and to express the ideal of this group. We come together to be with other teens, in a fun, relaxed and safe environment. We meet the 2nd and 4th Friday's from 7-9pm. The fun begins as we pray into the space an intention, commune in song, check-in, share and look at current events! We then play games, watch inspirational movies, dance, snacks and more! All teens aged 13 to 18 years old, are welcomed and their presence encouraged!

Facilitated by: Dawn Gruenzner, RScP & YFM Director and Barry Donohue Teen Team Lead