

June/ July 2016

Youth and Family Ministry

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Volume 1, Issue 1
Welcome Home

Family Connection

Summer Fun

Schools Out for Summer...this wonderful and blessed season is a time for a break. Consider Taking a vacation from your day to day experiences and enjoy the freedom of life. Taking the chance to get away from the fear, stress, limitations and confusion that we place on ourselves reaching for a new day and a new you, by embracing a "vacation."

Taking a break from fear you get the chance to embrace the idea that anything is possible! There is no limits except that which we fear. Taking a break from stress involves practicing the tools that this philosophy provides to become aware of and overcome the new norm, of busyness and stress.

Spiritual Practice includes many things: study, reading and journaling. Praying

is the way that we connect with the Divine through treatment (the affirmative 5 step prayer) and Meditation is the ability to be still to hear the Divine within.

Take a break from limitations by embracing and focusing on what you want, not what you don't want. When you give of yourself, sharing your time, talents and treasures, helping others, you align with the principal and the gift of giving!

And Just Breathe, Through these tools, it is possible to take a mini vacation from stress, limitations fear and avoid confusion.

As you pack the sunscreen, a picnic, and your bags and begin the adventure, take these tools with you, and when the hustle and bustle gets to



be a little crazy and a bit wild...practice these steps and remember that your child is learning from your actions, and your reactions. Lastly, join the party, get your dance on, smell the flowers and don't forget to sing!

What you put out, you get back, what you focus on expands, and we each learn from the mistakes we make so challenge yourself to embrace the mistakes and learn together!

Happy Summer!

Dawn Gruenzner, RScP

Youth & Family Ministry Director

VOLUNTEERS

The CSLCS Youth and Family Ministry has an amazing group of experienced volunteers dedicated to share their time, talents and treasures with the youth of this spiritual community. The program is amazing because the volunteers are loving and live the example of the Science of Mind Principles!

WE NEED YOUR HELP!!!

The Youth and Family Ministry is looking for some very special volunteers to support the addition of a Middle School Group. We recently had 6 children who have graduated from fifth grade and have moved into Middle school! Your love and support to build this amazing heart centered program is appreciated so, I thank you in advance!

Other places in the ministry that need volunteers: Nursery, Preschool and 3-5th grade.

Curriculum is provided, ideas are supported. Commitment is One time per month! Contact Dawn: 719-209-4718

Great Deals and Staycations in your Own Backyard

- \$1 Movies on Tuesdays and Wednesdays at Cinemark at 10 am at both Tinseltown and Powers Locations.
- Patsy's Candies in Southern Colorado Springs offers free walk-in tours Monday-Friday at 11:00 am and 2:00 pm.
- Free Jazz in the Park at Bancroft Park Thursdays 5:30-7:30 pm
- Pikes Peak Library Summer Reading Program 2016 (On

Your Mark, Get Set, Read! Ages: Infant through 12th grade and there are many other Free reading programs available!

- **Enjoy so much more VISIT and Share:**

<http://springsbargains.com/colorado-springs-free-summer-events-activities/>





What We Teach our Children



- We teach our children that God is Life - the Life within each of them and in all Creation - that all people are children of the One God, regardless of race, color, or creed and therefore all are brothers and sisters.
- We teach that God is good, all good, and we are all created in the image of God and therefore all good.
- We teach that God is Love, that we love God because God loves us. We obey God's laws through Love not fear.
- We teach that sin is a mistake, and when we make mistakes we experience the consequences of them not punishment by God.
- We teach that God is Spirit and is present everywhere; that this Spirit is within us and speaks to us through our minds and hearts as we listen.
- We teach that there are Spiritual Laws that must be obeyed just as we obey man-made laws.
- We teach that religion is a way of life to be lived everyday.
- We teach the Religious Science is a philosophy that can be lived at home, at school, and at play. That since God is within us - heaven is also within us - that as we live our lives in harmony with God's Laws we live in heaven NOW.
- We teach that in God's Love we are already whole and perfect.
- We teach that God is: Truth, Beauty, Peace, and Harmony, that as we recognize our Unity with God our lives are filled with Health,

Happiness and Success.

We teach that nothing is too wonderful to happen, nothing is too good to be true, and everything is possible with God.



We must become as little children. How we long for a return of that simple trust in life which children have: in their minds there are no doubts ... The life of the child is natural goodness.

-Ernest Holmes

Let the Countdown Begin:

CSLCS is committed to teaching the practices and principals of Science of Mind for our teen group. This amazing series will begin in September and will teach your child in this exciting curriculum and class approach to Beyond Limits...for Teens! You won't want your child to miss this amazing opportunity to learn and practice these principles in action! There is an amazing group of committed teen advisers that will team together to present this exciting adventure! **Stay Tuned...**



REV. NORM loves the teens & YFM (check it out!):

<https://www.youtube.com/watch?v=O7Xh45kbEDs>

"Where I found Home was in YFM, where I was accepted and loved for who I was." Rev Norm

Save The Date:

- June 17th: Dancing Into Our Future
- June 18th: Teen Gather to Prepare Burritos
- June 19th: Father's Day and BURRITO Sunday
- July 16th: Teens Gather to Prepare Burritos
- July 17th: BURRITO Sunday
- July 31st: 5th Sunday Pajama Party for Youth and Family Ministry!!! No need to get ready!!!
- August 7th: Annual Picnic after Service
2nd and 4th Fridays at 7, N.E.A.T Teens!

N.E.A.T TEENS

N.E.A.T Family & Friends is a teen group formed many years ago, when some people met in a group to share their opinions about drugs, alcohol and other issues. They decided to talk about themselves instead. This was a **New Experience** where they felt **Affection and Trust**. The **N.E.A.T. Family and Friends** was born!

N.E.A.T. meets every 2nd and 4th Fridays of the month from 7 – 9 pm. This group is facilitated by Barry Donohue with assistance of Dawn Gruenzner, Youth and Family Ministry Director and Kim & Reina Pudder.

The 4th Friday of the month is reserved for the **N.E.A.T. Spiritual Cinema Circle** where uplifting movies are available for viewing to teens.

FAMILY NEWS

We really want your child to join us for Sunday Service, but if you or your child are experiencing separation anxiety, we have great news...Beginning May 29th, we will begin streaming the service in the celebration hall where you may experience the Sunday Service in a family friendly zone, until you are ready to have your child join us in the Youth and Family Ministry, of course!